

Patricia Stankovitch, Psy.D., LP

Psychological Strategies, LLC
3209 West 76th Street, Suite 204
Edina, MN 55435

PROFESSIONAL LICENSURE

Licensed Psychologist, State of Minnesota (LP 4947)

EDUCATION

Psy.D., Counseling Psychology, June, 2006
University of St. Thomas, Minneapolis, Minnesota, **APA accredited**

M.A., Counseling Psychology, May, 2000
University of St. Thomas, Minneapolis, Minnesota

B.S., French/Special Education, March, 1974
Mankato State University, Mankato, Minnesota

CURRENT PROFESSIONAL EXPERIENCE AS A PSYCHOLOGIST

Psychological Strategies, LLC 3209 West 76 th Street, Suite 204 Edina, MN 5543	November 2021-Present Title: Owner
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- Provides individual psychotherapy to adults and late adolescents for trauma anxiety, depression, grief/loss, and stress management. Uses modalities such as cognitive-behavioral, cognitive processing, DBT-informed, motivational interviewing, prolonged exposure, and mindfulness-based therapies
- Conducts psychological evaluations which includes administering, scoring, interpreting, and writing reports for a variety of types of psychological assessments including career assessments, pre-adoption evaluations, immigration evaluations, and general emotional, behavioral, and personality assessments
 - Provides miscellaneous workshops to mental health professionals and the general public

CURRENT PROFESSIONAL MEMBERSHIPS

American Psychological Association
Minnesota Psychological Association

PAST PROFESSIONAL EXPERIENCE AS A PSYCHOLOGIST

University of St. Thomas
Interprofessional Center for
Counseling and Legal Services

December 2007-December 2019
Title: Director of Psychological Services
Supervisor: Christopher Vye, Ph.D., L.P.

Mail #MSL 100

10 South 10th Street

Minneapolis, MN 55403-2015

(Interdisciplinary training clinic providing services to underserved populations)

- Served as co-director of clinic (along with Director of Social Work and Director of Legal Services) which includes providing administrative management services regarding clinic operation.
- Served as Associate Training Director of the North Memorial Health-University of St. Thomas Joint Doctoral Psychology Internship Program, an APA-accredited internship training program.
- Marketed clinic services to potential community referral sources (including cold-calling and making formal presentations to potential client sources).
- Developed and delivered practicum and pre-doctoral internship training experiences for graduate-level psychology students.
- Supervised and evaluated clinical work (both psychological assessment and psychotherapy) of graduate-level psychology students completing practicum and pre-doctoral internship at the clinic.
- Provided psychotherapy services to adolescents and adults of all ages.
- Administered, scored, interpreted, and wrote reports of results for variety of psychological assessments.
- Served as Clinical Faculty of the Graduate School of Professional Psychology (an APA-accredited Counseling Psychology program). Courses taught include: CPSY 606 Basic Counseling Skills Lab, CPSY 632 Psychopathology, CPSY 608/609/610/708/910 Counseling Practicum & Advanced Practicum, CPSY 735 Advanced Psychopathology, CPSY 612 Human Growth and Development, CPSY690 Introduction to Dialectical Behavior Therapy.

Birbilis and Associates
2721 Upper Afton Road East
Maplewood, Minnesota 55119

December, 2007-October, 2009

Private Practice-Part Time

- Provided psychotherapy services to individuals and couples
- Provided diagnostic assessment services to adolescents and adults.

PRE-DOCTORAL CLINICAL TRAINING

Pre-Doctoral Internship

Neighborhood Involvement Program July, 2005-March, 2006
2431 Hennepin Avenue Supervisor: Jerry Shih, Ph.D., L.P.
Minneapolis, Minnesota 55405
(Nonprofit, community mental health agency serving a neighborhood adult population)

- Provided individual psychotherapy to adults surrounding issues including depression, anxiety, relationship problems, identity issues, social anxiety, family of origin problems, stress management, and self esteem.
- Scored, interpreted, and wrote reports of findings for psychological assessments – Minnesota Multiphasic Personality Inventory-2 and Thematic Apperception Test.
- Provided feedback and recommendations for client care based upon assessment results to client and/or other mental health professionals.
- Maintained clinical records including case notes, treatment plans, monthly statistics, supervision session notes, and transfer/termination records.

University of St. Thomas July, 2005-March, 2006
Interprofessional Center for Supervisor: Philip Klees, Ph.D., L.P.
Counseling and Legal Services
1128 Harmon Place
Minneapolis, MN 55403
(Interdisciplinary clinic providing counseling services to lower-income, diverse and underserved populations)

- Provided individual psychotherapy to adolescents and adults. Issues included: depression, anxiety, self-esteem, family of origin problems, Axis II disorders, and gender identity.
- Administered, scored, interpreted and wrote reports for psychological assessments including: Connors Rating Scale, Millon Clinical Multiaxial Inventory-III, Minnesota Multiphasic Personality Inventory-2, Rorschach, Structured Inventory for Parents of Adolescents, Symptom Checklist-90-R, Wechsler Adult Intelligence Scale-III, and Woodcock-Johnson Psychoeducational Battery.
- Provided feedback and recommendations for client care based upon assessment results to client and/or other mental health professionals.
- Conducted sessions with clients and family members surrounding family concerns.
- Consulted with internal social work and legal staff regarding client issues.
- Consulted with external multidisciplinary professionals via telephone and in-person communications.
- Maintained clinical records including case notes, treatment plans, daily activity records, case closure records, and various written communication with clients.

University of St. Thomas July, 2005-December, 2005
Personal Counseling & Testing Supervisors:

#4040 2115 Summit Avenue
St. Paul, MN 55105
(University counseling center serving 5,500+ undergraduate students)

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Sarah Armstrong, Psy.D., L.P.
Jeri Rockett, Ph.D., L.P.

Provided individual psychotherapy surrounding issues including depression, anxiety, relationship issues, body image/eating disorders, and substance abuse.

- Designed and co-facilitated psychoeducation unit for PE 100 course including topics of anxiety, depression/suicide, body image/eating disorders, and overview of Personal Counseling & Testing's available services.
- Developed and presented training on sexual violence/rape for new Resident Advisors.
- Developed and presented interviewing workshop for Psy.D. students preparing for internship application process.
- Maintained clinical records including case notes, intake forms, and treatment plans.

Kansas State University

232 English/Counseling Services Bldg.
Manhattan, KS 66506-3301

August, 2004-April, 2005

Supervisors: Sherry Benton, Ph.D., ABPP
Dori Lambert, Ph.D., L.P.

(University counseling center serving 20,000+ undergraduate and graduate students)

- Provided individual psychotherapy for 12-15 clients per week surrounding variety of issues including depression, anxiety, eating disorders, childhood sexual abuse, self-esteem, relationship issues, addiction, academic performance issues, anger management, bereavement, and adjustment disorders.
- Co-led Managing Emotions and LEAP (Learning Enhancement and Academic Performance) groups.
- Provided crisis and on-call coverage weekly.
- Scored, interpreted and wrote reports for psychological assessments – Millon Clinical Multiaxial Inventory-III and Minnesota Multiphasic Personality Inventory-2.
- Provided feedback and recommendations for client care based upon assessment results to client.
- Provided one-hour weekly individual supervision for a master's level school counseling student.
- Provided outreach presentations.
- Taught one section of Career/Life Planning course to undergraduate students.
- Maintained clinical records including comprehensive intake reports, visit notes, intake/termination evaluations compiled for outcome assessment, and termination summary reports.
- Determined and made appropriate referrals to outside agencies/professionals as needed.
- Participated in variety of training activities including case conference sessions, diversity seminar, career seminar, assessment seminar, individual and group supervision including supervision of supervision activities.

Practica Experience

Neighborhood Involvement Program

August, 2003-June, 2004

2431 Hennepin Avenue
Minneapolis, Minnesota 55405

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Supervisor: Trisha Stark, Ph.D., L.P.

(Nonprofit, community mental health agency serving a neighborhood adult population)

- Provided short-term and long-term psychotherapy to adults surrounding variety of issues including relationship problems, eating disorders, body image, interpersonal communication skills, depression, anxiety, and self-esteem.
- Completed telephone intakes with new clients that may include crisis and supportive phone counseling, assessment and referral.
- Participated in individual and group supervision.
- Administered, scored, interpreted, and wrote reports of findings for psychological assessments – Minnesota Multiphasic Personality Inventory-2 and Wechsler Adult Intelligence Scale-III.
- Provided feedback and recommendations for client care based upon assessment results to client and/or other mental health professionals.
- Maintained clinical records including case notes, treatment plans, monthly statistics, supervision session notes, and case management records.

Hennepin County Mental Health Center September, 2001 – May, 2002

525 Portland Avenue South

Supervisor: Maxine West, Psy.D., L.P.

Minneapolis, Minnesota, 55415

(County community mental health center serving low income and homeless clients)

- Performed diagnostic assessment and crisis counseling for mentally ill, homeless adults in shelters and outpatient clinic.
- Provided short-term and long-term psychotherapy to adults surrounding variety of issues including depression, anxiety disorders, childhood and/or domestic abuse, personality disorders, addiction, anger management, bereavement, self-esteem, and adjustment disorders.
- Administered, scored, interpreted, and wrote integrated reports for psychological assessments including Minnesota Multiphasic Personality Inventory-2, Shipley Institute of Living Scale, and Wechsler Adult Intelligence Scale-III.
- Provided feedback and recommendations for client care based upon assessment results to client and/or other mental health professionals.
- Maintained clinical records including psychological intake reports, case notes, treatment plans, and quarterly statistics.
- Determined and made appropriate referrals to outside agencies/professionals as needed.
- Participated in bi-monthly case consultation and case presentations with multidisciplinary team consisting of licensed psychologists, licensed social workers, certified nurse practitioners and psychiatrists.
- Participated in weekly Dialectical Behavior Therapy consultation group.
- Responded to requests/inquiries from multidisciplinary professionals via telephone consultations and written communications.

Bethel College Counseling Center

3900 Bethel Drive

St. Paul, Minnesota, 55112

(University counseling center serving undergraduate and graduate students)

September, 1999 – May, 2000

Supervisor: Myrla Seibold, Ph.D., L.P.

- Provided individual psychotherapy to late adolescents and adults. Issues included depression, suicidal ideation, anxiety disorders, self-esteem, family of origin problems, perfectionism, body image, eating disorders, spiritual issues, separation/individuation issues, anger management, relationship issues, sleep terror disorder, academic problems, self-identity, and grief/loss.
- Administered, scored, and interpreted psychological assessments including Beck Depression Inventory, California Personality Inventory, Million Clinical Multiaxial Inventory, Myers-Briggs Type Indicator, Strong Interest Inventory, and Campbell Interest and Skills Inventory.
- Provided on-campus consultation with other college departments regarding crisis management and student advocacy.
- Designed and facilitated teambuilding/communication workshops for resident advisors.
- Developed and co-staffed stress reduction booth during Wellness Week and information booth regarding sexual assault.
- Participated in weekly staff meeting including case presentations.
- Developed and co-facilitated two sessions of personality theory/counseling techniques course during professor's medical leave.

OTHER PROFESSIONAL MENTAL HEALTH EXPERIENCE

University of Minnesota-Epidemiology

1300 South Second Street

Minneapolis, Minnesota 55454-1015

Position: Counselor

September, 2000 – March, 2003

Supervisor: Deborah Hennrikus, PhD

- Provided counseling to experimental group participants, who are adult mothers of infants and/or young children, using Motivational Interviewing.
- Obtained informed consent regarding participation in research study seeking to reduce environmental tobacco smoke exposure for infants and young children.
- Collected baseline and follow-up interview data regarding smoking habits of control group study subjects and those subjects who have received counseling from other research team members.

Bethel College Career Services

3900 Bethel Drive

St. Paul, Minnesota, 55112

October, 2000 – May, 2001

Supervisor: Kathy Scholljegerdes, M.A.

Position: Career Services Specialist

- Provided career counseling to late adolescents and adults including assistance in selection of college major, resume critique, interview preparation, and job search assistance.
- Interpreted psychological career assessments including Campbell Interest and Skill Survey, Myers-Briggs Type Inventory, and Strong Interest Inventory.

TEACHING EXPERIENCE – UNDERGRADUATE AND GRADUATE PSYCHOLOGY

University of St. Thomas

Mail MSL 100
1000 LaSalle Avenue
Minneapolis, MN 55403-2015

February, 2021-Present

Supervisor: Chris Vye, Ph.D., LP

Position: Adjunct Faculty-Graduate School of Professional Psychology

Course taught:

CPSY 612-Human Growth and Development (M.A. students)-3 credits

University of St. Thomas

Mail MSL 100
1000 LaSalle Avenue
Minneapolis, MN 55403-2015

June, 2008-December 2019

Supervisor: Chris Vye, Ph.D., LP

Position: Clinical Faculty-Graduate School of Professional Psychology

Courses taught:

CPSY 602-Learning and Behavior Change (M.A. students)-3 credits

CPSY 606-Counseling Skills Lab (M.A. students)-3 credits

CPSY 608/609/610-M.A. Practicum-3 credits

CPSY 612-Human Growth and Development (M.A. students)-3 credits

CPSY 632-Psychopathology (M.A. students)-3 credits

CPSY 690-Introduction to Dialectical Behavior Therapy (DBT)-3 credits

CPSY 699-Summer Practicum (Psy.D. students)-1 credit

CPSY 708-Advanced Practicum I (PsyD students)-3 credits

CPSY 735-Advanced Psychopathology (PsyD students)-3 credits

**Minneapolis Community and
Technical College**

1501 Hennepin Avenue
Minneapolis, Minnesota 55403

August, 2007-December, 2007

Supervisor: Linnea Stenson, Ph.D.

Position: Adjunct Instructor-Psychology Department

Courses taught: Lifespan Development

Social Psychology

North Hennepin Community College

7411 85th Avenue North

August, 2007-December, 2007

Supervisor: Matt Foss

Brooklyn Park, Minnesota 55445

Position: Adjunct Instructor-Psychology Department

Course taught: General Psychology

Anoka-Ramsey Community College

January, 2006 – December, 2007

11200 Northwest Mississippi Boulevard

January, 2003 – May, 2004

Anoka, Minnesota, 55433

Supervisor: Mary Raeker-Rebek, Ph.D.

Position: Adjunct Instructor-Psychology Department

Courses taught: Abnormal Psychology

Adult Development

General Psychology

Stress Management

Theories of Personality

Kansas State University

September, 2004 – December, 2004

Manhattan, KS 66506-3301

Supervisor: Dan Wilcox, Ph.D.

Position: Psychology Intern – Counseling Services

Course Taught: Career/Life Planning

PAST PROFESSIONAL HUMAN RESOURCES EXPERIENCE

Brookdale Plastics

May, 1997 – August, 1999

9909 South Shore Drive

Supervisor: Lynn Weiss, M.A.

Plymouth, Minnesota, 55441

Position: Human Resources Generalist

- Set up and managed daily administration of organization's first formalized human resources department.
- Designed, analyzed and presented results from organizational-wide, employee attitude survey.
- Counseled supervisors regarding performance management issues.

SUPERVALU, Inc.

June, 1996 – May, 1997

11840 Valley View Road

Supervisor: Marg Penn, Ph.D.

Eden Prairie, Minnesota 55347

Position: Manager, Internal Staffing and Development

- Implemented national college recruitment program to result in higher-quality, more diverse applicant pool.
- Analyzed strengths/weaknesses of corporate training programs and recommended improvements for increased retention of trainee hires.
- Managed competency model development for certain key jobs within the organization.

- Counseled managers regarding creation/monitoring of development plans leading to improved performance.

E. W. Blanch Holdings, Inc.

3600 West 80th Street

Minneapolis, Minnesota, 55431

May, 1978 – September, 1995

Supervisor: Various

Position: Most recent position was Senior Vice President- Human Resources (1981-1995)

- Counseled employees at all levels regarding transition/change complexities, interpersonal conflicts, communication issues and job performance situations.
- Created management development curriculum.
- Designed/facilitated variety of training workshops with course/trainer feedback averaging 4.5 on 5-point scale (where “5” = outstanding).
- Certified instructor for: Center for Creative Leadership’s 360-degree *Benchmark* leadership assessment tool, Personnel Decision International’s *Behavioral Interviewing* workshop, and Wilson Learning Corporation’s *Adapting to Others, Managing Interpersonal Relationships, and The Versatile Salesperson*.
- Created and installed first performance management system enabling managers to more effectively coach and manage performance of employees.
- Developed, managed and participated in nationwide college recruiting program, which involved on-campus presentations/interviewing and participating in job fairs.

HONORS/AWARDS

Professor Emerita, University of St. Thomas, Minneapolis/St. Paul, MN, Granted April, 2020

Recipient of Award for the Common Good, University of St. Thomas, Minneapolis, MN;
Awarded May, 2013

Recipient of American Psychological Association, Division 17, Section on College and University Counseling Centers Award for Outstanding Contribution to Outreach and Consultation.
(Nominated April, 2006 by Jeri Rockett, Ph.D., L.P, Director, Personal Counseling and Testing, University of St. Thomas, St. Paul, Minnesota; Awarded August, 2006)

RESEARCH EXPERIENCE

Impact of Death of Last-Surviving Parent on Midlife Developmental Tasks

Doctoral project examining the impact of the loss by death of the last-surviving parent on middle-aged children. Study is a combined quantitative and qualitative research process.

University of Minnesota BEST for Baby Study

Served as interviewer and counselor in tobacco smoke exposure study as outlined previously in the “Other Professional Experience” section of this vita.

COMMUNITY-VOLUNTEER SERVICE

Board Member, Minnesota State Board of Psychology

Term July 1, 2010 – July 15, 2016

- *Served as Secretary of the Board-2 years*
- *Chair, Complaint Resolution Committee I (6 years)*
- *Chair, Application Review Committee (5 years)*
- *Member of Administration Committee (2 years), Stakeholder Education Committee (1 year), and Stakeholder Connections Committee (1 year)*

PRESENTATIONS

Stankovitch, P. (2020, January). Trauma 101, Presentation made to University of St. Thomas 2nd Annual PTSD Awareness Conference, St. Paul, Minnesota

Stankovitch, P. (2019, February). Trauma 101. Presentation made to University of St. Thomas PTSD Awareness Conference, St. Paul, Minnesota

Ardalan, S., Baboila, G., Bauer, J., Berthold, M., Cabot, A., Stankovitch, P. (2017, July). Interdisciplinary collaboration in university-based clinics representing asylum-seekers: Opportunities and challenges for the professional training of lawyers, health professionals, and social workers. Presentation made to XXXVth International Congress on Law and Mental Health, Prague, Czech Republic

Stankovitch, P. (2016, November). Planting seeds for social justice: How one training clinic prepares students to provide services to asylum seekers. Presentation made to American Association of Anthropologists, Minneapolis, Minnesota

Baboila, G., Stankovitch, P., & Wiebe, V. (2016, October). Secondary traumatic stress. Presentation made to Midwest Clinical Legal Education Conference, Tulsa, Oklahoma

Baboila, G., Stankovitch, P., & Wiebe, V. (2016, April). Secondary traumatic stress. Presentation made to Legal Service State Support, St. Paul, Minnesota

Barnes, A. M., Bramley, J., David, R., Fischer, S., Payne, S., & Versland, A. (2015, May). Beyond professional boundaries: Licensee impairment & the MN board of psychology complaint

resolution process. Presentation made to MN Board of Psychology CE
Conference, St. Paul, Minnesota

Baboila, G., Stankovitch, P., & Wiebe, V. (2015, May). Competencies and rubrics: What are they good for?! Law, social work, and psychology standards in an interprofessional context. Presentation made to Association of American Law Schools, Rancho Mirage, California

Baboila, G., Stankovitch, P., & Wiebe, V. (2014, April). Three silos and a skyway: Interprofessional training as practice. Presentation made to Interprofessional Education Summit, St. Catherine University, St. Paul, Minnesota

Stankovitch, P. (2014, February). Planting seeds for social justice: How one psychology training clinic begins to raise awareness about the intersection of mental health and social justice. Presentation made to Cretin-Derham Hall High School Justice Week Series, St. Paul, Minnesota

Stankovitch, P. (2014, January). Planting seeds for social justice: How one training clinic begins to raise awareness in professional psychology students. Presentation made to National Council of Schools and Programs of Professional Psychology Mid-Winter Conference, New Orleans, Louisiana

Lee, M., & Stankovitch, P. (2013, November). Use of expert witnesses in the presentation of asylum claims. Presentation made to Advocates for Human Rights Annual Asylum Conference, Minneapolis, Minnesota

Barnes, A.M., Campero, L., David, R., Rundell, J., & Stankovitch, P. (2013, April). Navigating the pathways to licensure: Education, training and experience. Presentation made to MN Psychological Association Annual Convention, Minneapolis, Minnesota

Baboila, G., Keenan, P., Stankovitch, P., Stevens, K., Wiebe, V., & Wright, J. (2012, August). Preparing the new clinician for court: Skill building through simulation. Presentation made to American Psychological Association Annual Convention, Orlando, Florida

Stankovitch, P. (2012, July). Caregiving issues. Presentation made to University of St. Thomas Non-Exempt Staff Council, St. Paul, Minnesota

Baboila, G., Brenes, S., Stankovitch, P., Wiebe, V., & Wright, J. (2011, June). How do we sort facts and analyze “symptoms” using help from experts in other professions.” Association of American Law Schools Conference on Clinical Legal Education, Seattle, Washington

Stankovitch, P. (2011, February). Three silos and a skyway: Interprofessional collaboration. Association of Directors of Psychology Training Clinics Annual Meeting, Orlando, Florida

- Baboila, G., Stankovitch, P., & Wright, J. (2010, November). Three silos and a skyway – Interprofessional collaboration”. University of Indiana, Bloomington, Indiana
- Stankovitch, P. (2007, April). Motivational Interviewing. Anoka-Ramsey Community College, Coon Rapids, Minnesota
- Stankovitch, P. (2007, April). Stages of Change. Anoka-Ramsey Community College, Coon Rapids, Minnesota
- Stankovitch, P. (2007, March). Crisis intervention. Anoka-Ramsey Community College, Coon Rapids, Minnesota
- Stankovitch, P. (2004, May; 2005, October; 2006, May). Crisis intervention counseling. Neighborhood Involvement Program – training for Rape and Sexual Abuse Center phone line volunteers
- Stankovitch, P. (2005, November). PE 100 Mental Health Workshops covering topics of anxiety, depression/suicide, body image/eating disorders. University of St. Thomas, St. Paul, Minnesota
- Stankovitch, P. (2005, September). Overview of sexual violence/rape. Presentation given to Resident Advisors, University of St. Thomas, St. Paul, Minnesota
- Stankovitch, P. (2005, December). Interviewing for pre-doctoral internship. Presentation given to doctoral psychology students. University of St. Thomas, Minneapolis, Minnesota
- Stankovitch, P., & Wesch, S. (2004, October; 2005, February). Mental Health Counseling and College Students. Kansas State University, Manhattan, Kansas
- Stankovitch, P. (2000, January). Interviewing at the Private College Job Fair. Bethel University, St. Paul, Minnesota
- Stankovitch, P. (1999, October; 1999, November; 2000, February). Team Building for Resident Advisors. Bethel University, St. Paul, Minnesota