**Psychological Strategies, LLC**

**TIPS FOR TALKING WITH YOUR INSURANCE COMPANY REGARDING POSSIBLE REIMBURSEMENT FOR “OUT-OF-NETWORK” SERVICES**

Psychological Strategies, LLC does not file for insurance. Dr. Stankovitch is an “out-of-network” provider. Therefore, you may wish to call your insurance company and find out if you will be able to self-file claims for services received at Psychological Strategies, LLC for possible reimbursement. If you work with Dr. Stankovitch and wish to self-file an insurance claim, she will provide you, at the end of each session, a receipt for services. This receipt will contain the diagnostic codes (called CPT Codes) for the service(s) you received that your insurance company will require to process a claim.

It is recommended that you contact your insurance company and ask the following questions so that you will be aware of your costs for services received at Psychological Strategies, LLC. Please also be aware that typically insurance companies do not provide reimbursement for career, pre-adoption, or immigration evaluations.

Questions to ask your insurance company include:

**Does my insurance provide reimbursement for my obtaining services from an “out-of-network” mental health provider? If so, is there a deductible for “out-of-network” benefits and how much of it has been met?**

**I’m planning on receiving psychotherapy/psychological testing benefits from a licensed psychologist. Please tell me what reimbursement I would receive for the following CPT codes?** (Use the chart on the back side of this handout for appropriate CPT codes).

**Is there a limit to how many of each of these codes can be billed in a calendar year?** (Note that some insurance companies place limits on the number of times in a calendar year that certain CPT codes can be billed).

**Is a pre-authorization required before any of these CPT Codes can be billed?** (Note that some insurance companies require a pre-authorization before certain psychological services will be reimbursed. If a pre-authorization is required for the service and not completed, the insurance company can deny reimbursement for the service. If the insurance company tells you that a pre-authorization is required, please be sure to advise Dr. Stankovitch so that the proper documentation can be sent to your insurance company).

**CPT CODES FOR PSYCHOTHERAPY AND PSYCHOLOGICAL ASSESSMENT SERVICES**

|  |  |
| --- | --- |
| **CPT Code** | **Description** |
| **Assessment/Psychological Testing Codes** |  |
| 90791 | Diagnostic Interviewing. |
| 96136 | Psychological & neuropsychological test administration/scoring by physician, 2 or more tests, any method, first 30 minutes. |
| 96137 | \*Add on code for 96136. Each additional 30 minutes. |
| 96130 | Psychological testing evaluation services by physician, including integration of patient data, interpretation of standardized test results & clinical data, clinical decision making, treatment planning & report & interactive feedback to the patient, family member(s) or caregiver(s); first hour. |
| 96131 | **\***Add on code for 96131. Each additional hour. |
| **Psychotherapy Codes** |  |
| 90832 | Individual psychotherapy-30 minutes. |
| 90834 | Individual psychotherapy-45 minutes. |
| 90837 | Individual psychotherapy-60 minutes or greater. |